The 2021 University of Tokyo Activity Restrictions Index for Preventing the Spread of Coronavirus Disease 2019 (COVID-19)

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Level	Research Activities	Classes (lectures, seminars, experiments, training)	Extracurricular activities for students	On-campus meetings	Campus gate closures
S					
Δ	Research activities can be conducted on the condition that the utmost measures to prevent infection are exercised.	While exercising the utmost measures to prevent infection, classes will be conduced both in person and online.		In-person meetings can take place with the utmost consideration taken to prevent the spread of infection. Online participation is encouraged.	In principle, only gates with guards present remain open, and entrants must show their Health Management Report.
В	Research activities can be continued; however, while taking the utmost consideration to prevent the spread of infection, students, researchers and research staff (laboratory staff) should stagger their work times, shorten the amount of time they stay on-site and, if possible, consider working from home in order to keep contact with others to a minimum.	Classes will be held mainly online; however, classes that are deemed to be more educationally effective when conducted face-to-face may be held in person (or a mixture of both online and in person) while exercising the utmost measures to prevent infection.		Meetings should be held online when possible, and in- person meetings should be avoided unless necessary.	In principle, only gates with guards present remain open, and entrants must show their Health Management Report.
С	Research activities can be continued; however, while taking the utmost consideration to prevent the spread of infection, students, researchers and research staff (laboratory staff) must reduce the amount of time they stay on-site and, if possible, consider working from home.	In principle, classes will be held online. However, in cases where it is deemed necessary from an educational effectiveness standpoint to have face-to-face instruction, holding classes in person (including in- person/online hybrid classes) will be permitted.	Some extracurricular activities are allowed, with the provision that the utmost consideration is taken to prevent the spread of infection. However, depending on the infection situation, activities may be prohibited.	In principle, meetings should be held online (videoconferencing) only.	In principle, only gates with guards present remain open, and entrants must show their Health Management Report.
	Only the minimum number of laboratory staff necessary are permitted to enter the laboratories in order to continue experiments and research in progress. The staff members entering the laboratories reduce the amount of time they stay on- site, and other staff members should work from home.	Online classes only	Prohibited	Videoconferencing only	In principle, only gates with guards present remain open, and entrants must show their Health Management Report.
F	The following research staff (depending on circumstances, may also apply to graduate students and researchers) are permitted to enter their laboratories. 1) Research staff who are currently conducting long-term experiments that would experience a significant loss to their research if stopped; 2) Research staff who are involved with finishing or stopping experiments in progress 3) Research staff who will enter the laboratories briefly to take care of living organisms, replenish liquid nitrogen, conduct maintenance to preserve research materials such as repairing freezers, or conduct server maintenance.	Online classes only	Prohibited	Videoconferencing only	Only gates with guards present remain open, and entrants must show their Health Management Report.

* Activity restrictions listed here do not apply to medical staff.

* These guidelines are subject to change at any time in response to changes in the situation.